

# Relieve aches + pains from the comfort of your home

Sword Thrive is a digital physical therapy program with easy-to-use technology proven to help you overcome joint, back and muscle pain.



Pain doesn't wait. Why should you?  
**Get started today!**

.....  [sword.health/thrive/wedgewood/go](http://sword.health/thrive/wedgewood/go)

Available at no cost to employees, spouses, and dependents, age 13+, who are enrolled in a company-sponsored medical plan.

